

**ASC 100: Freshman Seminar for Education Majors
Fall 2012 Course Schedule**

UNIT 1 – Orientation to University Life

Tue, Aug 21

- create Venn diagrams showing how being in university and being in high school are alike and different
- compare diagrams to [this](#)
- share personal data and background stories
- discuss course content and expectations and skim the syllabus

Thu, Aug 23

DUE TODAY: read the course syllabus thoroughly

- take quiz over content of the syllabus
- discuss requirement for DSU Freshman Orientation [online](#) (J.H., S.J., and A.R. already completed it)
- take a guided tour of Stoxen Library

Tue, Aug 28

- **meet at Stoxen Library** (in the lower-level classroom) for library orientation

Thu, Aug 30

- **meet at Stoxen Library** (in the lower-level classroom) for library orientation

Tue, Sep 4

DUE TODAY: read chapter 1: “Welcome to College” (pp. 1-24)

DUE TODAY: log in to [Engrade](#) using information e-mailed August 29 to the e-mail address that you gave me

- complete university readiness inventory (p. 6)
- create list of personal actions for academic success (p. 12)
- skim contents of DSU Student Guide *[flash drive]*
- review FAQs, campus map, city map, and service office directory (pp. 197-208)
- review service matrix of important offices on campus *[flash drive]*
- go on scavenger hunt for key locations across campus

Thu, Sep 6

DUE TODAY: submit activity attendance report #1 (digital version via [Engrade](#) or hardcopy version in class)

- hear from Roberta Kudrna with TRiO Student Support Services
- complete college-to-career connection inventory (p. 15)
- complete motivation inventory (p. 17)
- discuss advising and review DSU general education requirements *[flash drive]*
- discuss student clubs and organizations and [contact persons](#)
- discuss the use of [Accudemia](#) and of CampusConnection, Notifind, DSU e-mail, and Moodle *[flash drive]*

Tue, Sep 11

DUE TODAY: prepare presentation showing photos from scavenger hunt

DUE TODAY: [prepare for exam](#)

- show classmates your group’s collection of photos from the scavenger hunt
- take Unit 1 exam

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UNIT 2 – Academic Success Skills

Thu, Sep 13

DUE TODAY: read chapter 2: “Goals and Time” (pp. 25-44)

- complete self-management skill inventory (p. 27)
- create an action plan to achieve a SMART goal (p. 30)
- discuss use of planners for daily, weekly, monthly, and semester-long planning

Tue, Sep 18

- **meet at Murphy Hall 160** for the Proficiency Profile exam

Thu, Sep 20

DUE TODAY: submit response journal #1 (via [Engrade](#))

- complete time management inventory (p. 36)
- analyze how you spend your time (p. 37)
- review the university’s academic calendar and important dates (p. 43) and final exam [schedule](#)

Tue, Sep 25

DUE TODAY: read chapter 3: “Learning How You Learn” (pp. 45-62)

- hear from Michelle Stevier-Johanson and Kayla Konkol with the Academic Success Center
- complete learner self-awareness inventory (p. 46)
- gauge your own multiple intelligences (pp. 50-51)

Thu, Sep 27

DUE TODAY: submit activity attendance report #2 (digital version via [Engrade](#) or hardcopy version in class)

- assess your interaction style with the personality spectrum (pp. 53-54)
- describe yourself as a learner (p. 57)
- review several resource hyperlinks [*flash drive*]
- begin planning class service project for [American Education Week](#)
- complete the Alcohol e-Checkup to Go

Tue, Oct 2

DUE TODAY: read chapter 4: “Reading and Information Literacy” (pp. 63-80)

- complete reading and information literacy skill self-awareness inventory (p. 64)
- practice questioning as a reading comprehension strategy (p. 68)
- use the SQ3R reading comprehension tool to read a sample text

Thu, Oct 4

DUE TODAY: submit response journal #2 (via [Engrade](#))

- select one section of our course text and read it using the SQ3R method
- discuss critical reading [*flash drive*]
- discuss overcoming writer’s block [*flash drive*]
- practice being a critical Internet search by completing [this](#) online exercise

Tue, Oct 9

DUE TODAY: read chapter 5: “Listening and Note Taking” (pp. 81-98)

- complete listening and note-taking skills inventory (p. 82)
- review step two of note-taking advice (pp. 86-87)
- practice note-taking skills with [a sample](#) lecture/presentation
- compare contents of one another’s notes

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Thu, Oct 11

- review options for note-taking systems (pp. 88-91)
- practice using a note-taking system with [a sample](#) lecture/presentation
- compare contents of one another's notes
- continue discussion of class service project

Tue, Oct 16

DUE TODAY: read chapter 6: "Memory and Studying" (pp. 99-116)

- complete memory and study skills inventory (p. 101)
- brainstorm procedural, declarative, and episodic memories that you retain and discuss why you retain them
- for a challenging course, freewrite on the When, Where, Who, What, and Why of studying for it
- continue discussion of class service project

Thu, Oct 18

DUE TODAY: submit activity attendance report #3 (digital version via [Engrade](#) or hardcopy version in class)

- demonstrate how to utilize an assigned study strategy (graphic organizer, flashcards, learning styles advice—pp. 107-109) or mnemonic device (visual associations, acronyms, songs/rhymes—pp. 109-110)
- discuss the study cycle [[flash drive](#)]
- try some memory [games](#) to test the limits of your memory and to try to expand those limits

Tue, Oct 23

DUE TODAY: read chapter 7: "Test Taking" (pp. 117-132)

- discuss test anxiety: the benefits and disadvantages, and the causes and cures (including relaxation strategies)
- complete test-taking skills inventory (p. 118)
- discuss common test preparation strategies and when they work or don't work—and then compare to the book's advice (pp. 118-120)
- brainstorm list of negative attitudes that fuel test anxiety and then propose ways to improve those attitudes and motivate test takers who have those attitudes (pp. 121-122)
- generate ideas for using multiple intelligences-based strategies for test preparation [[handout](#)]

Thu, Oct 25

DUE TODAY: submit response journal #3 (via [Engrade](#))

- discuss the difference between studying to learn or studying to pass a test—and relate it to the effects on our careers later in life (e.g., emergency room surgeon, civil engineer, accountant, President, teacher)
- in pairs, select a chapter from our book (from Unit 2) and write a quiz for it, including at least one of each type of question listed in our book (pp. 123-127) [[handouts](#)]
- complete "Prepare for Test Success" skill builder (pp. 129-130)
- finalize plans for class service project

Tue, Oct 30

DUE TODAY: [prepare for exam](#)

- take Unit 2 exam

Wed, Oct 31

- **class service project:** sponsor a room for **Boo Hawks** – May Hall 306, 3:00-5:00 P.M. (2:00-3:00 = decorating; 5:00-6:00 = undecorating)

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UNIT 3 – Personal Development and Wellness

Thu, Nov 1

DUE TODAY: read chapter 8: “Diversity and Communication” (pp. 133-146)

- debrief on the class service project
- complete cultural competence/communication/relationships inventory (p. 134)
- hold imaginary show-and-tell session related to your personal diversity
- in small groups, create skits (related to life at DSU) demonstrating the five actions to develop cultural competence (pp. 135-138)

Tue, Nov 6

- hear from Oakley Thoeny with Students in Free Enterprise (SIFE)
- in small groups, use an assigned communication style to respond to various situations (to be provided by Prof. Moberg)—and then share groups’ results and vote on the best response per situation
- respond to case study involving conflict between roommates [*handout*]
- discuss resources for responding to destructive relationships (p. 143)
- prepare for academic planning and advising session during our next class

Thu, Nov 8

DUE TODAY: submit activity attendance report #4 (digital version via [Engrade](#) or hardcopy version in class)

- hear from Dr. Dawn Olson with the Student Education Association
- academic planning and advising session (RE: registering for Spring 2013)

Tue, Nov 13

DUE TODAY: read chapter 10: “Managing Money” (pp. 163-178)

- complete money management skills inventory (p. 165)
- complete exercises on money management: “Map Out Your Budget” (p. 174); “Analyze, Create, Practice” (p. 176); and “Multiple Intelligences in Action” (p. 177)
- discuss opportunities for [scholarships](#) and [financial aid](#)

Thu, Nov 15

- hear from Sandy Klein with the [Office of Financial Aid](#)

Tue, Nov 20

DUE TODAY: respond to online scheduling poll (see message from me sent to your [Engrade](#) account)

DUE TODAY: read chapter 9: “Wellness and Stress Management” (pp. 147-162)

- complete stress management and wellness skills inventory (p. 149)
- individually, determine your stress score (p. 150); as a class, identify top four common stressors; in groups, brainstorm coping strategies for those stressors
- complete exercise and eating log for the past week [*handout*] and discuss results
- brainstorm ways to manage stress using your multiple intelligences [*handout*]

Thu, Nov 22

- no class – Thanksgiving

Tue, Nov 27

- with a partner, research a wellness- or stress-related issue from ch. 9 and share the results in the form of a newspaper advice column [*handout*]
- complete “Improve Your Physical Health” activity (p. 160)

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Thu, Nov 29

DUE TODAY: [prepare for exam](#)

- take Unit 3 exam

UNIT 4 – Life Beyond the University

Mon, Dec 3

- **class service project: pizza party** – reward from Pizza Ranch for having our decorated room voted the favorite by the children who attended **Boo Hawks** on Halloween – Murphy Hall 222, 6:00-6:50 P.M. (bring your own water, juice, or soda)

Tue, Dec 4

DUE TODAY: submit activity attendance report #5 (digital version via [Engrade](#) or hardcopy version in class)

DUE TODAY: read chapter 11: “Careers and More” (pp. 179-195)

- complete career and life success readiness inventory (p. 181)
- brainstorm ideas for building knowledge and experience on the way to starting a particular career (pp. 182-183)
- use online career exploration sites (via [iMoberg](#)) to confirm your choice of career or learn of other options based on your interests and abilities
- create résumé statements demonstrating that you possess transferable skills attractive to employers (p. 186)

Thu, Dec 6

DUE TODAY: submit response journal #4 (via [Engrade](#))

- analyze your goals for the future in the short term and the long term [*handout*]
- reflect on your learning from this course by filling in your 21st-Century skills résumé (p. 191)
- create your own personal mission statement (pp. 192-193)
- review the [final exam schedule](#) and test-taking skills (pp. 117-131)

FINAL EXAMINATION

Recall from the syllabus that all students must take the final examination in order to receive a grade for the course. The final exam will cover material from Units 1-4 (chapters 1-11).

During final exam week, we meet on a different day from our regular class sessions (but still in our usual classroom):

Wed, Dec 12 – 8:00 A.M. to 10:00 A.M.